

## .... Workshops (short informal informative)

Our workshops are designed to unravel the mysteries of what is 'good' and what is 'bad' for your skin and introduce you to a range of products that you can make at home for personal use.

Carefully designed to pack in as much information and experience as possible, our workshops are usually three hours in length and are held regularly in our premises in Hampton, Middlesex.

For those of you who simply want to take one or two workshops, we have a schedule of short courses that run on a regular basis. These include:

### **Cosmetic Legislation & Selling Legalities**

### **Making Hair Care Products**

### **Making Candles**

### **Making Perfume and Blending Essential Oils**

### **Making Scented Bath Products**

### **Making Natural Skincare Products**

### **Making SPA Products**

### **Making Traditional Soap Using both the Cold & Hot Processes**

### **Making Mineral Makeup**

### **Making Paper**

### **Crafting Glycerine Melt & Pour Soap**

### **Business Courses (tailored to your specific needs)**

Our morning workshops usually run from 10am until approximately 1pm, and our afternoon workshops from 1:30 - 4:30 pm but this may change depending on class size, content and style.

Workshops from £55. *Joined Up Learning* - Book two courses that run on the same day and save 10%

Further raw materials, equipment and supplies are available to purchase from our shop.

Every student will receive a discount voucher for a major online raw material supplier

For more information, to book a place or purchase a workshop voucher, please contact us on 0208 783 3785 or see our website at [www.plushfolly.com](http://www.plushfolly.com)

## ....and finally

We have a range of kits so you can try making our products at home!!

## .... Frequently Asked Questions (why, when, how)

### **Why Plush Folly?**

Our workshops are fun and informative and a balance between theory and practical hands-on exercise. Our class sizes are small and typically range from 1 to 4 people which ensures that you have complete control over the products you make - from weighing and mixing the ingredients, creating blends of essential oils, to tweaking the recipes and designing your own special variations.

We have a huge choice of regular, exotic and unusual ingredients for you to experiment with. Your tutor is always on hand to guide you and answer any questions you may have.

We want you to get the most out of your training programmes and keeping the class sizes small ensures that they are personal, focused and special! See our website for testimonials from customers - they are our 'pudding' proof!

### **Which course is best for me?**

It all depends on your location, timeframe, budget and requirements. Being a small, privately owned business, we can be flexible. We have years of experience and have been known to go out of our way to ensure you have the learning experience most appropriate for your needs.

**Want to learn everything?** The most suitable programme is our Cosmetics College programme

**Want to learn just a few products?** If you can travel to Hampton, our half or full day workshops will suit you best

**Want to study at home?** See our range of distance learning home study programmes

**Want to try something first?** Purchase our kits and make a product - or range of products - at home

### **Where can I buy the ingredients we use in the course?**

If you are taking a course at our workshops, the raw materials are on sale for you to take away with you. For distance learning programmes, the appendix will give you a list of shops and websites where further ingredients can be purchased.

All students participating in our courses will receive a discount voucher that they can offset against purchases from a major online raw material supplier

### **How long do the courses take?**

The workshops are usually 3 hours in length. The distance learning and Cosmetic College programmes take anything from 3 to 4 weeks to over 6 months. You decide the pace you wish to study

### **Is there a qualification at the end of the courses?**

Yes - the distance learning courses are accredited by ASET / EDI and upon successful completion, you are awarded level 3 certificate or level 4 diploma

### **What if I need help with something on the course?**

Full email support is given to you during the distance learning programmes so that you can ask your question when it arises. Questions are actively encouraged during the workshops.



# Plush Folly

Cosmetics College  
Workshops  
& Home Study Programmes



[www.plushfolly.com](http://www.plushfolly.com)

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4 STATION APPROACH, HAMPTON, MIDDLESEX, TW12 2HY

....Cosmetics College (*focused, informative, supportive*)

Our Cosmetics College programme has been developed to accommodate students who "want to learn everything", and includes making products from our skincare, spa, bath, soap, detox, chocolate, perfume, herbs, hair care and cosmetics legislation courses.

We will guide you through making a variety of products and give you the necessary knowledge and know-how so that you can formulate your own recipes.

Training is delivered via a series of workshops and self study, with email and telephone access to your assigned tutor. The workshops will take place on our premises in Hampton, Middlesex.

The programme is flexible and offered as a pick and mix type arrangement allowing you to determine how much training you take, how long you spend on the programme and how much you spend.

Upon successful completion of the programme and associated assignments, you will be awarded an ASET Level 4 Diploma accreditation.



#### Essential Products - as a Workshop (2 days)

##### DAY ONE -

Moisturisers (*variations - milky cleanser, moisturising lotion, rich night cream, skin treatments*)

Preservatives, antioxidants and emulsifiers

Herbal Infusions & Decoctions

Body Lotion (*variations - whipped shea, body butter, baby bottom cream*)

Essential Oils (*blending, therapeutic properties, base, middle, top notes, fragrance oils*)

Perfume (*variations - perfumed oils, after shave, room fragrances, fragranced products*)

##### DAY TWO

Traditional Soap (*cold process - practical, hot process and rebatching - theory*)

Salves and Balms (*variations - muscle rub, body balm, nail & cuticle treatment, hair tamer*)

Business Workshop (*creating a safety assessment, label and PIF, record keeping, suppliers, packaging, useful resources*)

....Cosmetics College (*enlightening, encouraging, excellent*)

#### ESSENTIAL PRODUCTS -

as Distance Learning Home Study (approx 16 hours study)

EU Cosmetic Legislation

Labelling

Selling Legalities

Day One and Day Two can be taken in any order and can be taken a week apart or a few months apart, depending on the time you can set aside for training.

The entire Cosmetic College programme can be taken over a period of up to 12 months.

Fee - £315 (*without options*)

In order for you to cover more products and focus on different cosmetic areas, there are a number of optional training days and home study packs available

#### ADDITIONAL OPTIONAL WORKSHOP 1 - PLUS £50 (HALF DAY)

Body Scrub

Bath Fizz

Mineral Soak

#### ADDITIONAL OPTIONAL WORKSHOP 2 - PLUS £50 (HALF DAY)

Lip Gloss

Mineral Makeup - Blusher

Mineral Makeup - Foundation

Mineral Makeup - Eye Shadow

#### ADDITIONAL OPTIONAL WORKSHOP 3 - PLUS £75 (FULL DAY)

Shampoo (*variations - shower gel, body wash*)

Hair Conditioner

Hair taming products

#### ADDITIONAL OPTIONAL HOME STUDY - PLUS £50 (approx

8 hours study)

Clay Masks using Active Ingredients (*variations - face, hair, body wrap*)

Serum (*variations - face, eyes, hair*)

Gels (*variations - anti-cellulite, eye, foot*)

Bath Milk

Fee - £500 (*if taking all options*)

....Distance Learning Home Study Programmes

(*easy to follow, challenging, full of information*)

If you don't wish to attend a workshop but still wish to study at home, our distance learning programmes are available separately.

Available for anyone, anywhere in the UK who wishes to learn how to make cosmetic products without traveling to our premises to attend a workshop. These courses enable you to study at home and can take as little as 2-3 weeks and up to 4-6 months depending on the time you can set aside for learning.

Your tutor will assist you throughout the course and will offer email support during the programme which will enable you to ask questions as and when they arise. Full written explanations, exercises, examples and other supporting documentation will be provided as part of the course material.

Courses currently available as home study packages include:

#### Making Chemical-Free, Natural Skincare Products - a Distance Learning course

*This course is an ASET Accredited Course - Level 3 Certificate*



#### Making Soap Using The Traditional Cold Process Method - a Distance Learning course

*This course is an ASET Accredited Course - Level 3 Certificate*

#### Cosmetic Legislation and Legal Requirements - a Distance Learning course

*including safety assessments, record keeping, labelling regulations, legal and trading standards information and much more*

*This course is an ASET Accredited Course - Level 4 Diploma*

The courses are broken down into four learning modules, each of which ends in a short quiz and assignment. The quizzes and assignments will be assessed in accordance with our ASET/EDI quality scheme. At the end of the course, if students have successfully completed the quiz and assignments, they will receive a formally recognised qualification and certificate.

Students are encouraged to work their way through the module at a pace they find comfortable.

Distance Learning Programmes are from £95